KEMRI Wellcome

Title: Conducting gender inclusive research: PRACTICAL SKILLS FOR IMPACT

Duration of training: 3 hours

Brief description:

This interactive short course is designed to equip researchers and program staff with practical skills to integrate gender inclusivity throughout the research process. Participants will explore key gender concepts, understand the importance of applying a gender lens in health and clinical research, and practice using tools and frameworks that enhance the equity, relevance, and impact of their work. Through real-world examples and hands-on activities, the course fosters critical reflection and builds capacity to identify and address gender-related barriers in research design, implementation, analysis, and dissemination.

Aim:

To strengthen participants' capacity to conduct gender-inclusive research that leads to more equitable, ethical, and impactful outcomes.

Objectives: by the end of the course, participants will be able to:

- 1. Understand key concepts of gender, power, and intersectionality in research.
- 2. Identify why gender inclusive matters across the research cycle
- Apply practical tools to integrate gender into study design, data collection, analysis and dissemination.
- 4. Design an action plan or checklist to enhance gender inclusivity in their own research practice.

Expected Outcomes:

Participants will:

- Gain foundational knowledge of gender-inclusive research principles.
- Build practical skills using gender analysis tools and checklists.
- Be able to identify opportunities to strengthen gender inclusivity in their own work.
- Leave with a draft plan or checklist for applying gender-inclusive approaches in their projects.

Agenda (3 Hours Total):

Time	Session
0:00 - 0:15	Welcome & Introduction
	- Course objectives
	- Participant expectations
0:15 - 0:45	Session 1: Why Gender Matters in Research
	- Key concepts: sex, gender, intersectionality
	- Case examples from health/clinical research
0:45 – 1:15	Session 2: Mapping Gender Across the Research Cycle
	- Identifying gendered considerations in design, methods, and dissemination
1:15 – 1:25	Break
1:25 – 2:00	Session 3: Tools & Frameworks for Gender-Inclusive Research
	- Gender analysis matrix
	- Inclusive data collection tips
	- Ethics & power
2:00 – 2:40	Session 4: Practice and Reflection
	- Apply tools to real or sample research project
	- Small group work
2:40 - 3:00	Session 5: Action Planning and Wrap-Up
	- Draft checklist or next steps
	- Share reflections
	- Feedback survey